

BRAAI AMARULA BANANA SUNDAY

SERVES 4

COOK TIME: 30 MIN

INGREDIENTS

4 bananas, peeled and halved
2 Tbsp Brown Sugar
1 tsp Cinnamon
60ml thick cream
80ml Amarula (or to taste)
Vanilla Ice cream
Foil

METHOD

Make a parcel with the foil and place the halved bananas inside the parcel.

Mix the cinnamon and sugar and set aside.

Pour the cream and Amarula over the bananas and sprinkle the brown sugar and cinnamon mixture over the bananas.

Close the foil parcel carefully and cook on top of braai grid until bananas are soft.

Serve over vanilla ice cream

