



AVO CHIP DIP

SERVES 4

COOK TIME: 30 MIN

INGREDIENTS

2 Avocados
240 g Sour Cream
Tabelspoon Peach Chutney
Teaspoon Tabasco
Salt & Pepper

METHOD

Cut the 2 avos in halves and take off the shell and put the avos into a bowl and add lemon juice,use a fork to mash the avos.

Then add the sour cream and add the salt and peper.

Add the Chutney and Tabasco sauce and mix thoroughly.